

## Senior Services

Name	Website	Contact	Comments
<b>Frederick County Aging and Independence</b>	<a href="http://frederickcountymd.gov/54/Aging-and-Independence">frederickcountymd.gov/54/Aging-and-Independence</a>	301-600-1234 1440 Taney Avenue Frederick, MD 21702	County Division with extensive services for seniors who are residents. Carolyn True, Division Director
<b>SOAR</b>	<a href="http://soarfrederick.org/">soarfrederick.org/</a>	240-575-9665 info@soarfrederick.org	Assists Frederick County's 65 and older residents whose monthly incomes do not exceed \$2,100, through either direct financial assistance or by accessing other resources on their behalf.
<b>Centro Hispano de Frederick</b>	<a href="http://www.centrohispanodefreesderick.org/go/1den-years">www.centrohispanodefreesderick.org/go/1den-years</a>	301-668-6270	Provides programming for seniors who are immigrants.
<b>Asian American Center of Frederick</b>	<a href="http://aacfmd.org/our-programs/senior-services/">aacfmd.org/our-programs/senior-services/</a>	Spanish: 301-694-3355, ext. 1024 kcarpio@aacfmd.org Chinese: 301-694-3355, ext. 1021 esedita@aacfmd.org	Provides programming for seniors who are immigrants. Katherine Carpio Community Health Worker (Spanish); Elly Sedita Community Health Worker (Chinese)
<b>Frederick County Transit</b>	<a href="http://www.frederickcountymd.gov/220/Transit-plus-Demand-Response-and-ADA-Par">www.frederickcountymd.gov/220/Transit-plus-Demand-Response-and-ADA-Par</a>	301-600-1725 to request a trip	Demand-response service for anyone aged 60 or older and/or anyone with a qualifying disability who resides in Frederick County. Transit-plus is a shared-ride, first-come, first-served service, and operates Countywide. Must register.
<b>Frederick County Meals on Wheels</b>	<a href="http://www.frederickcountymd.gov/159/Meals-on-Wheels-Home-Delivered-Meals">www.frederickcountymd.gov/159/Meals-on-Wheels-Home-Delivered-Meals</a>	301-600-3524 Casi Chandler Meals on Wheels Intake Specialist	Meals on Wheels provides two meals a day to homebound adults age 60 or older, or adults of any age with a chronic health condition or disability who meet program eligibility guidelines and live in Frederick County.

## Social Services/Domestic Violence

Name	Website	Contact	Comments
Frederick County Family Services Administration	<a href="http://www.frederickcountymd.gov/59/Family-Services-Administration">www.frederickcountymd.gov/59/Family-Services-Administration</a>	301-600-1410	Provides the diverse community of children, youth, and families in Frederick County with a host of services that support the most expressed needs and promote a sense of equity, belonging, and inclusion. Leisha Chandler, Division Director
Heartly House	<a href="http://www.heartlyhouse.org/">www.heartlyhouse.org/</a>	24-Hour Hotline: 301-662-8800 Administrative Offices: 301-418-6610	Offers support and services for people and their child who are experiencing DV.
Frederick Rescue Mission Faith House	<a href="http://therescuemission.org/programs/faith-house/">therescuemission.org/programs/faith-house/</a>	301-695-6633	Faith House consists of two employment-focused programs that include housing and a safe place for women and women with children. These programs provide opportunities for residents to heal from trauma while developing the skills necessary to secure & maintain employment, establish housing goals, and build a life of resiliency.
Family Justice Center	<a href="http://www.montgomerycountymd.gov/FJC">www.montgomerycountymd.gov/FJC</a>	240-773-0444 24-hour crisis assistance	Offers support and services for victims of family violence and their children.