

Food Assistance

Name	Website	Contact	Comments
City of Frederick Food Bank	www.cityoffrederickmd.gov/462/Food-Bank-Program	Downtown Food Bank 14 East All Saints Street Frederick, MD 21701 Trinity Food Bank 6040 New Design Road Frederick, MD 21703	Downtown Food Bank Mondays, Tuesdays, Thursdays, and Fridays 2:00 p.m. - 4:00 p.m. Mondays and Wednesdays 6:00 p.m. - 8:00 p.m. Trinity Food Bank Tuesdays, Wednesdays, and Thursdays 2:00 p.m. - 4:00 p.m.
Frederick Rescue Mission	therescuemission.org/programs/food-distribution-center/	301-695-6633 419 West South Street Frederick, MD 21701	Tuesdays, Wednesdays, and Thursdays 1:30p.m. – 3:30 p.m. Senior Serve: Fridays 10:00 a.m. – 12:00 p.m. Age 65+ ONLY. ID and senior present in line REQUIRED. PLEASE BRING YOUR OWN BAGS.
Jefferson Food Bank	www.stpauljeff.com/Food-Bank	301-473-8626 3864 Jefferson Pike Jefferson, MD 21755	Open first and third Saturday of the month 9:00 a.m. - 11:00 a.m.
Brunswick BEACON	www.brunswickbeacon.org/food-bank/	301-834-9718 Brunswick City Annex 601 East Potomac Street Brunswick, MD 21716	Thursdays 6:30 p.m. - 7:30 p.m. This organization also provides emergency financial assistance and school supplies.
Helping Hands and Caring Hearts	helpinghandsandcaringhearts.org/current-projects-2/	240-388-6514 12428 Fingerboard Road Monrovia, MD 21770 hhchearts@gmail.com	Mondays and Wednesdays 10:00 a.m. - 1:00 p.m. For Frederick County residents only; they also offer clothing at their locations in downtown Frederick and Thurmont.

Name	Website	Contact	Comments
Community Table	cityoffrederickmd.gov/362/Community-Table-Program	301-600-1506 100 South Market Street Frederick, MD 21701	Provides dinner, seven nights a week, 365 days a year from 5:00 p.m. - 6:30 p.m. to anyone in need of a hot, nutritious meal.
Emmanuel Trinity Lutheran Church Food Bank	emmanueltrinity.org/foodbank	301-624-5838 4004 Ballenger Creek Pike Frederick, MD 21703	Check website for hours
Emmitsburg Food Bank	emmitsburgmd.gov/community_outreach/food_bank/index.php	717-642-6963 130 S. Seton Avenue (rear entrance) Emmitsburg, MD 21727 kellyphy82547@gmail.com	Tuesdays and Wednesdays 7:00 p.m. - 8:00 p.m. Fridays and Saturdays 10:00 a.m. - 11:00 a.m.
Thurmont Food Bank	thurmontfoodbank.com	10 Frederick Road (in Old Town Hall) Thurmont, MD 21788 thurmontfoodbank@gmail.com	Tuesdays 5:00 p.m. - 7:00 p.m. Fridays 4:00 p.m. - 6:00 p.m.
Middletown Food Bank	middletownvalleyfoodbank.com	301-371-3182 301 West Main Street Middletown, MD 21769	Wednesdays 1:00 p.m. - 3:00 p.m. Saturdays 9:00 a.m. - 11:00 a.m.
Glade Valley Food Bank (Walkersville)	gladevalley.org/food-bank/	301-845-4229 21 West Frederick Street Walkersville, MD 21793 gvfb21w@gmail.com	Mondays 6:30 p.m. - 7:30 p.m. Thursdays 1:00 p.m. - 3:00 p.m. Drive-through delivery; serving Walkersville High School feeder area
Buckeystown UMC Food Pantry	rise4me.com/resources/buckeystown-united-methodist-church/	301-874-2313 3440 Buckeystown Pike Buckeystown, MD 21717	3rd Saturday of each month Check the website for hours; they also give away clothes
Mount Airy Net	www.mtairynet.org	301-829-0472 1402 North Main Street Mount Airy, MD 21771	Tuesdays, Wednesdays, and Thursdays 10:00 a.m. - 2:00 p.m. For residents of 21771 ZIP Code

Name	Website	Contact	Comments
Frederick Community Fridge	facebook.com/frederickcommunityfridge/	15 West Church Street Frederick, MD 21701 frederickcommunityfridge@gmail.com	Outdoor pantry
St. Peter's Food Pantry	www.stpeter-libertytown.org/copy-of-knights-of-columbus-council-1	301-898-5111 12060 Main Street Libertytown, MD 21762	Saturdays 1:30 p.m. - 3:00 p.m.
Salem Community Church Wolfsville	saalemchurchwolfsville.org/food-pantry/	301-293-1616 12479 Wolfsville Road Myersville, MD 21773 hiron1821@gmail.com	Tuesdays 6:30 p.m. - 7:30 p.m.
Zion Reformed United Church of Christ	zionreformed.church/outreach/community/	201 N. Potomac St. (lower level, rear) Hagerstown, MD 21740	Tuesdays 5:00 p.m. - 6:30pm Free dine-in dinners for ALL
Federick Chapter Blessings in a Backpack	federick.blessingsinabackpack.org	Contact local school to join	Backpack is filled with food for children on Fridays
Y Teaching Kitchen	frederickymca.org/event/discount-community-produce-market/	629 North Market Street Frederick, MD 21701	Wednesdays 3:00 p.m. - 6:00 p.m. Discount Community Market
Clarksburg CAN	www.clarksburgcan.org	240-308-0867 Greenridge Baptist Church 21925 Frederick Road Boys, MD 20841	First Tuesday of each month 5:00 p.m. - 7:00 p.m. First Saturday of each month 9:00 a.m. - 12:00 p.m.